**INDIVIDUAL AGREEMENT TO OPT OUT OF THE**

**48 HOUR MAXIMUM**

**AVERAGE WORKING WEEK**

This Agreement is made between

[insert employer name & address] (“the Employer”)

The Working Time Regulations 1998 provide that the average working week, including overtime, shall not exceed 48 hours. The Employer and the Worker agree that this limit shall not apply to the Worker.

I [worker’s name & address] agree that I may work for more than an average of 48 hours a week. If I change my mind, I will give my employer [amount of time - up to 3 months’] notice in writing to end this agreement.

**Employer signature: …………………..………**

**……………………**(Date)

**Worker signature: ……………………………..**

**……………………**(Date)