



## Know Your Rights Volunteer Speaking up for yourself and other people

	Do you want to speak up for yourself and other people?
	Do you want to meet new people and learn new skills?
advocate	A Peer Advocate is a trained volunteer to have similar experiences to the person they support.  Peer Advocates help people to have a voice on things that matter to them.
KNOW SOUR SOURCE OF THE PROPERTY OF THE PROPER	Our Peer Advocate volunteer group is called Know Your Rights

This could be things like:	
	Getting a job
	Looking after your health
	Friendships and relationships
	Finding a place to live
this is how	Education and Training
COVID-19	Covid -19

As a member of Know Your	We are looking for new people to join our group.
Rights you will:	
this is how	Have training and learn what it means to be a Peer Advocate
	Learn New Skills
meeting people	Meet new people
	Talk about your experiences
	Help people to talk about their own experiences



Speak out on issues to try and make a difference

We are looking for people who are:	
	17 or older
	Living in South Gloucestershire, Bristol or Bath and North East Somerset
	If you are interested, please email:
	cora.fern@wecil.co.uk
	or call 07973 686389